



## HANDCRAFTED CHEF SPECIALS

All entrées are served with a choice of soup or salad (house or caesar), freshly baked bread & butter, and two vegetables (unless noted otherwise)

### ENHANCE YOUR MEAL

#### - INCLUDED -

**Soup OR Salad  
and Entree**

#### - 4 COURSE -

**Includes Soup AND Salad,  
Entree & Any Dessert  
(From Our Onsite Bakery)  
\$4.99 Extra**

#### - 5 COURSE -

**Includes Eggplant Tower  
Appetizer, Soup, Salad,  
Entree and Any Dessert  
(From Our Onsite Bakery)  
\$6.99 Extra**

<b>1</b> <b>BROILED or FRIED LAMP POST CRABCAKES</b> (2 Preparations) Broiled or fried to perfection, served with lemon wedge <del>\$18.99</del> \$16.99	<b>2</b> <b>BROILED or FRIED FILET of FLOUNDER</b> (2 Preparations) Broiled to perfection with a butter sauce or fried to a golden brown, served with a lemon wedge. <del>\$17.99</del> \$15.99	<b>3</b> <b>STUFFED FLOUNDER</b> Filet of flounder stuffed with crabmeat and broiled to perfection. <del>\$20.99</del> \$18.99
<b>4</b> <b>BREAST of CHICKEN PARMIGIANA</b> Breaded in-house and fried to perfection. Topped with melted mozzarella cheese and homemade marinara sauce. Served over pasta. <del>\$17.29</del> \$14.99	<b>5</b> <b>TILAPIA BELLA VISTA</b> Broiled Tilapia topped with sauteed peppers, onions, tomatoes and mushrooms in a white wine sauce. Includes 2 vegetables <del>\$18.99</del> \$15.99	<b>6</b> <b>SEAFOOD BRUSCHETTA</b> Sautéed shrimp, scallops, mussels, clams and calamari in a tomato bruschetta red wine sauce, served over linguine (complete) <del>\$24.99</del> \$21.99
<b>7</b> <b>EGGPLANT PARMIGIANA</b> (Vegetarian) Topped with melted mozzarella cheese and homemade marinara sauce, served over pasta. (Complete) <del>\$14.99</del> \$13.99	<b>8</b> <b>CHARBROILED or BREADED PORK CHOPS</b> (2 Preparations) Marinated and chargrilled or breaded and fried to a tender perfection. Served with apple sauce. <del>\$17.99</del> \$15.99	<b>9</b> <b>TEX-MEX BOWL</b> Sautéed chicken breast with spicy sausage, seasoned black beans, corn, onions and peppers, served over rice in a crispy tortilla bowl drizzled with creme faiche (complete) <del>\$17.99</del> \$15.99
<b>10</b> <b>ROAST TURKEY BREAST</b> Slow-roasted in-house, served with all the trimmings, topped with our homemade turkey gravy <del>\$16.99</del> \$14.99	<b>11</b> <b>JAMAICAN JERK CHICKEN KEBABS</b> Jamaican jerk seasoned chicken skewers served over rice, topped with homemade Jamaican relish (complete) <del>\$18.99</del> \$16.99	<b>12</b> <b>CHOPPED SIRLOIN STEAK</b> (2 Preparations) Onions and au jus or mushroom gravy. * Chopped chicken steak also available as a healthy option. <del>\$15.99</del> \$14.99
<b>13</b> <b>CRAB &amp; SHRIMP FRIED RICE</b> Jumbo lump crabmeat with juicy shrimp tossed with assorted vegetables in our homemade stir fry sauce served over rice (complete) <del>\$21.99</del> \$18.99	<b>14</b> <b>ROAST HALF CHICKEN</b> Slow-roasted and served over our homemade apple stuffing, topped with gravy. *Hormone and antibiotic free <del>\$15.99</del> \$14.99	<b>15</b> <b>MILE-HIGH HOMEMADE MEATLOAF</b> Piled high over cheddar mashed potatoes and onion straws, drizzled with homemade barbecue sauce, served with one vegetable <del>\$15.99</del> \$14.99
<b>16</b> <b>MEDITERRANEAN VEGETABLE PLATTER</b> Chargrilled asparagus, zucchini, broccoli, eggplant and chicken breast served with tzatziki sauce. (Complete) *Substitute chicken with salmon or shrimp for only \$4.00 <del>\$18.99</del> \$15.99	<b>17</b> <b>SHRIMP MAC &amp; CHEESE CASSEROLE</b> BACK BY POPULAR DEMAND! Sautéed shrimp tossed with penne pasta in our creamy alfredo sauce topped with mozzarella cheese & seasoned bread crumbs (complete) <del>\$19.99</del> \$17.99	<b>18</b> <b>VEAL SORRENTO</b> Sautéed tender veal with peppers, onions and mushrooms in red tomato wine sauce served over linguine, topped with melted mozzarella cheese (complete) <del>\$21.99</del> \$18.99
<b>19</b> <b>TORTELLINI ALA VODKA</b> Tri-colored tortellini tossed with roasted red peppers, cherry tomatoes and fresh baby spinach in a creamy vodka blush sauce (complete) <del>\$17.99</del> \$15.99	<b>20</b> <b>CHICKEN AEGEAN</b> Grilled chicken breast topped with sautéed garlic, salt, pepper, oregano, asparagus tips, roasted red peppers, kalamata olives and imported feta in EVOO served over rice pilaf. (Complete) <del>\$17.99</del> \$15.99	<b>21</b> <b>GREEK COMBO</b> "Greek Spinach Pie" Sautéed fresh spinach, onions, dill and feta stuffed in a crispy fillo dough and Greek salad with Pita (complete) <del>\$16.99</del> \$14.99
<b>22</b> <b>STUFFED BELLA</b> Marinated portobello mushroom stuffed with crabmeat imperial, served over sautéed baby spinach with fresh garlic & cherry tomatoes, drizzled with alfredo sauce, served over rice pilaf (complete) <del>\$20.99</del> \$18.99	<b>23</b> <b>BROILED STUFFED TRIO</b> Broiled crab cake, stuffed filet of flounder and stuffed mushroom <del>\$19.99</del> \$17.99	<b>24</b> <b>STEAK ALEXANDER</b> Char-grilled angus New York Strip cooked to your liking, topped with fresh tomato bruschetta & shrimp skewer drizzled with balsamic reduction. Includes 2 vegetables. <del>\$26.99</del> \$23.99
<b>25</b> <b>CHICKEN PORTOBELLO</b> Sautéed chicken breast with scallions, diced roasted peppers, portobello mushrooms in marsala wine sauce, served over penne pasta, sprinkled with grated romano cheese (complete) <del>\$18.99</del> \$16.99	<b>26</b> <b>FRIED SEAFOOD CATCH</b> ALL YOUR FAVORITES Shrimp, scallops, deviled clam, clam strips, flounder and crab cake <del>\$24.99</del> \$20.99	<b>27</b> <b>BBQ COMBO</b> ½ Rack of baby back ribs and bbq chicken breast. Includes 2 vegetables <del>\$19.99</del> \$18.99

♥ Gluten Free Pasta Available | No Sharing | No Substitutions



# Signature Salads

*Our Light and Fresh Salad Menu was Created to Accommodate Those with a More Health Conscious Mind While Not Compromising The Lamp Post Diner Flavor!*



## **GREEK YOGURT & FRUIT SALAD PLATTER** **\$11.99**

Natural Greek yogurt topped with honey, walnuts, dried cranberries, raisins and various fresh fruits



## **B.L.T.A WEDGE SALAD** **\$12.49**

Wedges of Iceberg lettuce, topped with bacon, tomatoes, avocado and bleu cheese crumbles, served with bleu cheese dressing



## **BRUSCHETTA SALAD** **\$15.29**

Grilled chicken breast over crisp Romaine lettuce topped with homemade bruschetta and croutons, sprinkled with pecorino romano, served with balsamic vinaigrette dressing



## **BBQ CHICKEN RANCH SALAD** **\$15.29**

Avocado, tomato, corn, black beans, cucumbers, fried onion rings, shredded cheddar, over crisp Romaine in a tortilla shell, served with ranch dressing



## **JERSEY SHORE SALAD** **\$15.29**

Grilled chicken, bleu cheese, crumbles, avocado, dried cranberries, strawberries, Mandarin oranges & candied walnuts over a bed of mixed green lettuce, served with our honey balsamic dressing



## **BLACKENED SALMON SALAD** **\$16.49**

Blackened broiled filet of salmon over a bed of mixed greens, avocado, portobello mushroom, tomatoes, cucumbers, red onion and green pepper, served with balsamic vinaigrette dressing



## **LAMP POST CRAB CAKE PORTOBELLO SALAD** **\$16.49**

Mixed greens, tomatoes, cucumbers, avocado and feta cheese, served with a drizzle of balsamic glaze and balsamic vinaigrette dressing



## **SEAFOOD INFERNO** **\$16.49**

Buffalo shrimp and calamari over a bed of Romaine, cucumbers, tomatoes, bacon bits, bleu cheese crumbles, red onion and green peppers, served with bleu cheese dressing



## **GATSBY SALAD** **\$16.49**

Mixed greens, almonds, candied walnuts, dried cranberries and Mandarin oranges, topped with grilled shrimp, served with raspberry vinaigrette



## **TUSCAN SEAFOOD SALAD** **\$16.49**

Sauteed shrimp & calamari over a bed of mixed green lettuce, roasted red peppers, avocado, tomatoes, cucumbers, red onion and peppers, served with balsamic vinaigrette



## **CLUB HOUSE SALAD** **\$14.99**

Sliced turkey breast, turkey bacon, pickled beets, chopped tomatoes, peppers, onions, cucumbers and hard boiled egg over a bed of mixed green lettuce, served with choice of dressing



## **RIVIERA MAYA SALAD** **\$14.99**

Grilled chicken tossed in spicy hot sauce over a bed of Romaine, corn, black beans, red onions, tomatoes, avocado and shredded cheddar, served in a tortilla shell with ranch dressing



## **GYRO SALAD** **\$15.29**

Tomatoes, cucumbers, feta cheese, red onions, olives, green peppers, stuffed grape leaves and chopped lettuce, topped with gyro meat, tzatziki sauce and pita wedges



## **LUAU SALAD** **\$14.99**

Bed of Romaine lettuce topped with Caribbean chicken, black beans, Bartlett pears, avocados, tomatoes, onion strings and peppers, served with raspberry vinaigrette dressing



## **SALAD FRESCA** **\$14.99**

Mixed greens, grapes, candied walnuts, cherry tomatoes, feta cheese and sliced prosciutto ham, drizzled with extra virgin olive oil and balsamic reduction



## **CARIBBEAN CHICKEN SALAD** **\$15.29**

Blackened chicken over a bed of mixed green lettuce, pineapples, Mandarin oranges, craisins, peppers, tomatoes, cucumbers, croutons and shredded cheddar cheese, served with raspberry vinaigrette



Please No Substitutions • Photos are for Suggestion Only • Actual Platters May Appear Different



# Brunch Specialties

Available All Day!

- A. MEXI-CALI SKILLET** cubed potatoes, onions, peppers, turkey sausage, scrambled eggs, monterrey jack cheese, topped with chipotle mayo and cilantro 12.99
- B. WESTERN CASSEROLE** breakfast sausage, peppers and onions served over home fries, topped with cheddar jack cheese and sunny side up eggs 12.99
- C. CHIPOTLE BREAKFAST BURRITO** scrambled eggs, breakfast sausage, peppers, onions, diced tomatoes, monterrey jack cheese, salsa fresca and chipotle mayo, served with homefries 11.29
- D. BREAKFAST POUTINE** crispy tater tots topped with sonny side up eggs, shredded monterrey jack cheese, bacon bits and hollandaise sauce, sprinkled with chopped scallions 12.99
- E. LOX AND BAGEL SPECIAL** nova scotia lox on a toasted bagel, served with lettuce, tomatoes, kalamata olives, capers and cream cheese 14.49
- F. CRABBY BENEDICT** poached eggs over our famous crab cakes, canadian bacon and english muffin, finished with hollandaise sauce, served with home fries 14.29
- G. BREAKFAST CHEESESTEAK** scrambled eggs, american cheese, cheesesteak meat and bacon, mixed on a long roll, served with home fries 13.29
- H. BISCUITS AND GRAVY** our homemade biscuits topped with our creamy sausage gravy, served with home fries 11.99
- I. FISH AND GRITS** fried filet of flounder served with a bowl of grits 14.29
- J. CHICKEN AND WAFFLES** chicken tenders, fried crisp over our homemade belgian waffle, served with syrup and butter 14.29
- K. PROTEIN OMELETTE** turkey, avocado and egg white omelette, served with cottage cheese and toast 11.99
- L. SMOTHERED CHICKEN N' WAFFLES** crisp chicken tenders served over a belgian waffle, smothered with our homemade sausage gravy 15.29